

OCT - DEC 2026

SAN PO KONG HEADQUARTERS

FORTRESS HILL STUDIO

**EARLY-BIRD
REGISTRATION**
早鳥報名優惠

於 2026-9-29 前
報名全期課程可享

額外 **9折**

Enroll full course on or
before 2026-9-29
to enjoy

EXTRA
10% OFF



香港九龍新蒲崗雙喜街9號匯達商業中心28樓05-06室
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A-Ballet Academy



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Pansy Lo
Former Dancer of
City Contemporary
Dance Company



Eriko Ochiai
Former Principal Dancer of
Hong Kong Ballet



Ayako Fujioka
Former Principal Dancer of
Hong Kong Ballet



Cindy Leung
Former Dancer of
Hong Kong Ballet



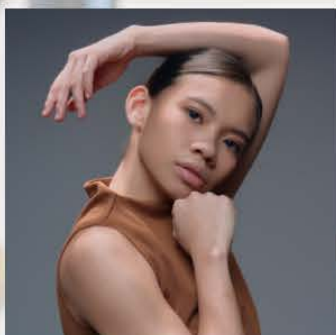
Karen Li
The Hong Kong Academy
for Performing Arts
(Ballet)



Chloe Wan
Former Dancer of
Hong Kong Ballet



Alice Ma
Dance Teacher of
The Hong Kong Academy
for Performing Arts



Alliah Xandra Torte
Dancer of
City Contemporary
Dance Company



Suyi Hon
Dancer of
City Contemporary
Dance Company



Tracy Lam
The Hong Kong Academy
for Performing Arts
(Contemporary Dance)

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SAN PO KONG HEADQUARTERS

MON

13:45-15:10
Ballet 1
(Ms Pansy)

19:45-21:10
Contemp 1-2
(Ms Alice)

19:45-21:10
Ballet Intro-1
(Ms Karen)
+21:15-21:45
Pointe Intro
[Optional]
(Ms Karen)

TUE

13:45-15:10
Ballet 1
(Ms Karen)

19:00-20:25
RAD INTER*
(Ms Karen)

19:00-20:25
Ballet 1-2
(Ms Pansy)

20:30-21:55
Musical Jazz 1-2
(Ms Tracy)

20:30-21:55
Pointe & Variation
(Ms Pansy)

WED

11:00-12:25
Ballet Intro-1
(Ms Karen)

19:00-20:25
RAD INTER*
(Ms Karen)

19:45-21:10
RAD AF*
(Ms Pansy)

THU

10:30-12:10
Contemp 1
(Ms Alice)

10:45-11:55 **NEW**
Ballet 1
(Ms Cindy)

12:15-13:25
Stretching
(Ms Alice)

13:45-15:10
Ballet 1
(Ms Pansy)

18:45-19:55
Stretching & PBT
(Ms Pansy)

20:00-21:25
Ballet 1-2
+21:30-22:00
Pointe 1 [Optional]
(Ms Pansy/Ms Cindy)

20:00-21:25
RAD A2*
(Ms Karen)

FRI

11:00-12:25
Ballet 1
(Ms Cindy)

17:30-18:55
RAD IF*
(Ms Karen)

19:00-20:25
Ballet Intro-1
(Ms Karen)

20:00-21:25
RAD A1*
(Ms Pansy)

20:30-21:55
RAD AF*
(Ms Karen)

SAT

14:30-15:55
Contemp 1-2
(Ms Pansy/Ms Suyi)

16:00-17:25
Ballet 1-2
(Ms Pansy)

17:30-18:55
Ballet Pointe Intro
(Ms Karen)

19:00-20:25
Ballet Intro
(Ms Karen)

20:30-21:55
RAD INTER*
(Ms Karen)

SUN

09:00-10:25
RAD IF*
(Ms Karen)

16:30-17:55
RAD A1*
(Ms Karen)



立即報名 Register Now

1. WhatsApp 9833-4315 報名
2. 付款後，經 WhatsApp 發送付款記錄以完成報名
1. WhatsApp 9833-4315 to register
2. Settle payment and send the payment record to 9833-4315, to finish registration



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FORTRESS HILL STUDIO

NEW



MON

11:00-12:10
Stretching
(Ms Cindy)

12:15-13:25
Ballet 1
(Ms Cindy)

13:30-14:55*
Pointe 1 / Ballet 1
(Ms Ayako)

TUE

12:00-13:25
Ballet 1
(Ms Pansy)

13:30-14:40
Stretching
(Ms Pansy)

19:45-21:10*
Ballet 1-2
(Ms Eriko)

WED

10:30-11:55
Contemporary 1
(Ms Alice)

12:15-13:25
Stretching
(Ms Alice)

19:45-21:10
Ballet Intro-1
+21:15-21:45
Pointe Intro
[Optional]
(Ms Chloe)

THU

10:30-11:55*
Ballet 1-2
+12:00-12:30
Pointe 1 [Optional]
(Ms Eriko)
Nov 26: by Ms. Pansy

19:45-21:10*
Ballet 1-2
+21:15-21:45*
Pointe 1 [Optional]
(Ms Ayako)

WhatsApp 9833-4315

聯絡我們報名試堂!

Contact us to arrange trial class!



新生試堂優惠 New Student Trial Offer

Stretching 拉筋班 (70mins): \$200

Dance Class 舞蹈班 (70mins): \$210

Dance Class 舞蹈班 (85mins): \$230

+30mins Pointe 30分鐘足尖: \$60

Master Class 大師班: \$260

+30mins Pointe 30分鐘足尖: \$80

RAD 考試班: \$270

新生於第一堂以優惠價報名試堂，
試堂後可以優惠價報餘下全期課程。

New students will enjoy discounted price to register the first lesson. After trial class, new students can continue to enjoy discounted price for registering remaining full course.

SAT

16:30-17:55*
Ballet 1-2
(Ms Ayako)

19:00-20:25
Ballet Intro
(Ms Alliah)

20:30-21:55
Contemp 1-2
(Ms Alliah)

SUN

10:00-11:25
RAD G5
(Ms Gigi)

11:30-12:55
RAD IF
(Ms Gigi)



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FULL COURSE SCHEDULE

MON	TUE	WED	THU	FRI	SAT	SUN
13 Classes	13 Classes	13 Classes	12 Classes	11 Classes	12 Classes	12 Classes

MON	TUE	WED	THU	FRI	SAT	SUN
			1 Oct	2 Oct	3 Oct	4 Oct
5 Oct	6 Oct	7 Oct	8 Oct	9 Oct	10 Oct	11 Oct
12 Oct	13 Oct	14 Oct	15 Oct	16 Oct	17 Oct	18 Oct
19 Oct	20 Oct	21 Oct	22 Oct	23 Oct	24 Oct	25 Oct
26 Oct	27 Oct	28 Oct	29 Oct	30 Oct	31 Oct	

MON	TUE	WED	THU	FRI	SAT	SUN
						1 Nov
2 Nov	3 Nov	4 Nov	5 Nov	6 Nov	7 Nov	8 Nov
9 Nov	10 Nov	11 Nov	12 Nov	13 Nov	14 Nov	15 Nov
16 Nov	17 Nov	18 Nov	19 Nov	20 Nov	21 Nov	22 Nov
23 Nov	24 Nov	25 Nov	26 Nov*	27 Nov	28 Nov	29 Nov
30 Nov						

MON	TUE	WED	THU	FRI	SAT	SUN
	1 Dec	2 Dec	3 Dec	4 Dec	5 Dec	6 Dec
7 Dec	8 Dec	9 Dec	10 Dec	11 Dec	12 Dec	13 Dec
14 Dec	15 Dec	16 Dec	17 Dec	18 Dec	19 Dec	20 Dec
21 Dec	22 Dec	23 Dec	24 Dec	25 Dec	26 Dec	27 Dec
28 Dec	29 Dec	30 Dec	31 Dec			

- Oct 1, Dec 24 & Dec 25
Holiday special-class schedules, classes are not included in the regular full-course schedule.
- Nov 26
Thu 10:30 Ballet 1-2 & 12:00 30-mins Pointe 1 (Fortress Hill) will be taught by Ms. Pansy.
- Oct 19 & Dec 26
Classes will be held as scheduled despite the public holidays.
- Nov 20-22
School Holiday, for Annual Performance 2026.



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- 4 WAYS TO JOIN CLASSES -

	FULL COURSE (3 Months)	COUPON PACKAGE (3 Months)	MASTER CLASS PACKAGE (3 Months)	SINGLE CLASS
Stretching (70mins)	\$200	2.5 Credits	/	\$250
Dance Class (70mins)	\$210	2.5 Credits	/	\$270
Dance Class (85mins)	\$230	3 Credits	/	\$290
Master Class (85mins)	\$260	3.5 Credits	\$280/\$266	\$320
+ Pointe (30mins)	\$60	1 Credit	/	\$80
Master Class + Pointe (30mins)	\$80	1 Credit	\$80	\$80
Full Time* Student Offer	15% off	15% off	/	5% off

* A valid full-time student identification card displaying the student's name, photograph, and validity period must be provided.

Coupon Package

15 Credits: \$1,375 (3 Credits Class: \$275)
30 Credits: \$2,550 (3 Credits Class: \$255)
45 Credits: \$3,450 (3 Credits Class: \$230)

Master Class Package

10 Classes: \$2,800 (\$280/Class)
15 Classes: \$3,990 (\$266/Class)
20 Classes: \$5,320 (\$266/Class)



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4 Ways to Join Classes:

FULL COURSE (3 MONTHS)

- Unlimited makeup class quota
- Extend your last term (Jul to Sep) unused makeup class quota to the new term (Oct to Dec)
- Students joining 2 or more courses will enjoy a discounted price to join extra classes
- If you cannot complete the makeup classes during this period, you may extend makeup quota to the next period by registering for the full course.
- Available to arrange makeup classes at San Po Kong Headquarters and Fortress Hill Studio.

COUPON PACKAGE (3 MONTHS)

- Students may enrol in any Open Class. Please reserve your place via WhatsApp at least one day before the class.
- The Coupon Package is valid for 3 months from the date of the first class or 14 weeks from the purchase date, whichever comes first.
- To extend unused credits for an additional 3 months, students must purchase a new Coupon Package on or before the current package's expiry date.
- If there are insufficient credits for a class, students may purchase a new Coupon Package. Any unused credits from the current package will be carried forward to the new package.
- If a student is unable to attend a reserved class, please notify us at least 1 hour before the class begins. Otherwise, the class credit will be deducted.
- The Coupon Package can be used at both our San Po Kong Headquarters and Fortress Hill Studio.

MASTER CLASS PACKAGE (3 MONTHS)

- Students may enrol in any class taught by our Master Teachers.
- The Master Class Package is valid for 3 months from the date of the first class, or 14 weeks from the purchase date, whichever comes first.
- Purchase another Master Class Package on or before the expiry date to extend any unused class for an additional 3 months.
- If you are unable to attend a reserved class, please notify us at least one hour before the class.
- The package can be used at both our San Po Kong Headquarters and Fortress Hill Studio.

SINGLE CLASS

- Students can enroll all open classes
- Please WhatsApp us at least one day before the class.
- Flexible to arrange classes.



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4 個上課方式:

全期課程 (3個月)

- 不限補堂次數
- 可將上一期 (7月至9月) 尚未使用的補堂名額延至新一期 (10月至12月) 使用。
- 同時報讀兩個或以上課程的學生，可以優惠價加購額外課堂。
- 如未能於本期內完成補堂，只需報讀下一期全期課程，即可將尚未使用的補堂名額延至下一期。
- 學生可於新蒲崗總校及炮台山分校安排補堂。

靈活套票 (3個月)

- 學生可報讀任何公開課堂。請最遲於上課前一天透過 WhatsApp 預留名額。
- 套票有效期為首次上課日起計 3 個月，或購買日起計 14 星期，以較早到期者為準。
- 如欲將未使用的點數延長 3 個月，學生須於現有套票到期日或之前購買新套票。
- 如套票的剩餘點數不足以報讀課堂，學生可購買新套票，原有套票的未使用點數將自動轉移至新套票。
- 如學生未能出席已預約的課堂，請最遲於開課前 1 小時通知本校請假；否則，該課堂所需的點數將照常扣除。
- 套票適用於本校的新蒲崗總校及炮台山分校。

大師班套票 (3個月)

- 學生可報讀任何由本校大師級導師教授的課堂。
- 大師課堂套票有效期為首次上課日起計 3 個月，或購買日起計 14 星期，以較早到期者為準。
- 如欲將未使用的課堂延長 3 個月，學生須於現有套票到期日或之前購買新的大師課堂套票。
- 如未能出席已預約的課堂，請最遲於開課前 1 小時通知本校請假。
- 套票適用於本校的新蒲崗總校及炮台山分校。

單堂

- 學生可報讀所有公開課堂。
- 請最遲於上課前一天透過 WhatsApp 預約課堂。
- 可根據個人時間靈活安排課堂。



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