

早鳥報名優惠 Early-Bird Registration

於 2026-6-28 前
報名全期課程可享

9折

Enroll full course on or
before 2026-6-28
to enjoy

10% off

芭蕾舞 Ballet

- 芭蕾舞入門
- 芭蕾舞 Level 1
- 芭蕾舞 Level 1-2
- 足尖入門 Pointe
- 足尖及變奏 Level 1
- 足尖及變奏 Level 2

當代舞 Contemporary Dance

- 當代舞 Level 1
- 當代舞 Level 1-2

爵士舞 Jazz

- 音樂劇爵士舞 Musical Jazz

身體鍛鍊 Body Work

- 拉筋班 Stretching
- 進階芭蕾舞培訓 PBT

\$1,000 或以上免信用卡手續費

新生試堂 New Student Trial

試堂優惠價

Trial Class with Discounted Price

身體鍛鍊班: \$200 大師班: \$260
85分鐘舞蹈班: \$230 RAD考試班: \$260
2小時舞蹈班: \$290

新生於第一堂以優惠價報名試堂，
試堂後可以優惠價續報全期課程。

New students will enjoy discounted price to
register the first lesson. After trial class, new
students can continue to enjoy discounted
price for registering full course.



盧盼之 Pansy Lo

學院校長
前城市當代舞蹈團全職舞者



李采燊 Karen Li

芭蕾舞導師
香港演藝學院(芭蕾舞)



梁思齊 Cindy Leung

芭蕾舞導師
前香港芭蕾舞團舞蹈員



Alliah Xandra Torte

芭蕾舞/導師
城市當代舞蹈團舞者

RAD考試班 現接受報名

歡迎公開課學生參加
(月費: \$260/堂)



韓淑賢 Suyi Hon

當代舞導師
城市當代舞蹈團舞者



馬師雅 Alice Ma

當代舞導師
香港演藝學院當代舞導師



林佩詩 Tracy Lam

爵士舞導師
香港演藝學院(當代舞)



葉靜怡 Aysa Yeh

爵士舞導師
專業舞蹈教育家



Mon

13:45-15:10

Ballet 1
(Ms Pansy)

18:30-19:40

Stretching
(Ms Alice/Ms Pansy)

19:45-21:10

Contemp 1-2
(Ms Alice/Ms Pansy)

19:45-21:10

Ballet Intro-1
+ 21:15-21:45
Pointe Intro [Optional]
(Ms Karen)

Tue

13:45-15:10

Ballet 1
(Ms Karen)

19:00-20:25

Ballet Intro
(Ms Karen)

19:00-20:25
Ballet 1-2
(Ms Pansy/Ms Cindy)

20:30-21:55

Musical Jazz 1-2
(Ms Asya / Ms Tracy)

20:30-21:55

Pointe & Variation 2
(Ms Pansy/Ms Cindy)

Wed

11:00-12:25

Ballet Intro-1
(Ms Karen)

12:30-13:40

Relax Stretching
(Ms Alice) **NEW!**

19:00-20:25

RAD INTER*
(Ms Karen)

19:45-21:10

RAD AF*
(Ms Pansy)

Thu

10:30-11:55

Contemp 1
(Ms Alice)

12:15-13:25

Stretching
(Ms Alice) **NEW!**

13:45-15:10

Ballet 1
(Ms Pansy/Ms Cindy)

18:45-19:55

Stretching & PBT
(Ms Pansy / Ms Cindy)

20:00-21:25

RAD A2*
(Ms Karen)

20:00-21:25

Ballet 1-2
+ 21:30-22:00
Pointe 1[Optional]
(Ms Pansy / Ms Cindy)

Fri

11:00-12:25 **NEW!**

Ballet 1
(Ms Cindy)

17:30-18:55

RAD IF*
(Ms Karen)

19:00-20:25

Ballet Intro-1
(Ms Karen)

20:00-21:25

RAD A1*
(Ms Pansy)

20:30-21:55

RAD AF*
(Ms Karen)

Sun

09:00-10:25 **NEW!**

RAD IF*
(Ms Karen)

13:30-14:55 **NEW!**

Ballet 1-2
(Ms Alliah)

16:30-17:55

RAD A1*
(Ms Karen)

Sat

14:30-15:55

Contemp 1-2
(Ms Pansy/Ms Suyi)

16:00-17:25

Ballet 1-2
(Ms Pansy)

17:30-18:55

Ballet Pointe Intro
(Ms Karen)

17:30-18:55

Pointe & Variation 1
(Ms Pansy)

19:00-20:25

Ballet Introduction
(Ms Karen)

19:00-20:25

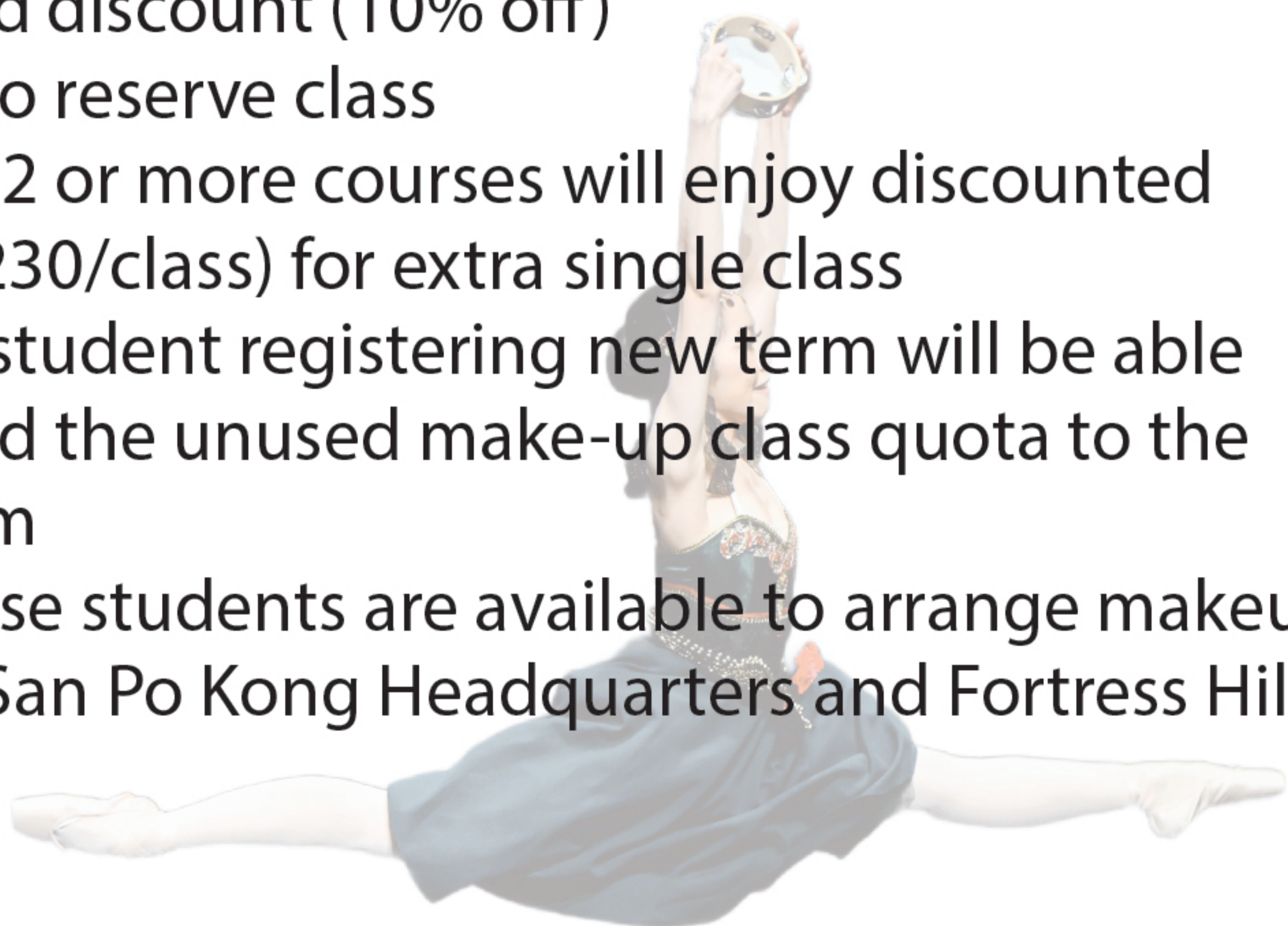
RAD A2*
(Ms Pansy)

20:30-21:55

RAD INTER*
(Ms Karen)

全期課程福利 Full Course Benefit

- 課程期內無限次補課
- 早鳥優惠(9折)
- 優先預留課堂
- 報讀2個全期課程或以上可享優惠價 (\$230/堂) 報讀任何課程之單堂
- 舊生報讀新一期課程, 可將今期未用之補課限額延伸至下一期
- 全期學生可於總校及分校安排補堂
- No make-up class quota within the course period
- Early-bird discount (10% off)
- Priority to reserve class
- Register 2 or more courses will enjoy discounted price (\$230/class) for extra single class
- Current student registering new term will be able to extend the unused make-up class quota to the new term
- Full course students are available to arrange makeup class in San Po Kong Headquarters and Fortress Hill studio.



Mon	13:45-15:10 Ballet 1 (Ms Pansy) 18:30-19:40 Stretching (Ms Pansy / Ms Alice) 19:45-21:10 Contemporary 1-2 (Ms Pansy / Ms Alice) 19:45-21:10 Ballet Intro-1 (Ms Karen) + 21:15-21:45 Pointe Intro - optional (Ms Karen)	Jul 6, 13, 20, 27 Aug 3, 10, 17, 24, 31 Sep 7, 14, 21, 28	13 Lessons
Tue	13:45-15:10 Ballet 1 (Ms Karen) 19:00-20:25 Ballet Intro (Ms Karen) 19:00-20:25 Ballet 1-2 (Ms Pansy / Ms Cindy) 20:30-21:55 Musical Jazz 1-2 (Ms Asya / Ms Tracy) 20:30-21:55 Pointe & Variation 2 (Ms Pansy / Ms Cindy)	Jul 7, 14, 21, 28 Aug 4, 11, 18, 25 Sep 1, 8, 15, 22, 29	13 Lessons
Wed	11:00-12:25 Ballet Intro-1 (Ms Karen) 12:30-13:40 Relax Stretching (Ms Alice)	Jul 8, 15, 22, 29 Aug 5, 12, 19, 26 Sep 2, 9, 16, 23, 30	13 Lessons
Thu	10:30-11:55 Contemporary 1 (Ms Alice) 12:15-13:25 Stretching (Ms Alice) 13:45-15:10 Ballet 1 (Ms Cindy) 18:45-19:55 Stretching & PBT (Ms Pansy / Ms Cindy) 20:00-21:25 Ballet 1-2 (Ms Pansy / Ms Cindy) + 21:30-22:00 Pointe 1 - optional (Ms Pansy / Ms Cindy)	Jul 2, 9, 16, 23, 30 Aug 6, 13, 20, 27 Sep 3, 10, 17, 24	13 Lessons
Fri	11:00-12:25 Ballet 1 (Ms Cindy) 19:00-20:25 Ballet Intro-1 (Ms Karen)	Jul 3, 10, 17, 24, 31 Aug 7, 14, 21, 28 Sep 4, 11, 18	12 Lessons
Sat	14:30-15:55 Contemporary 1-2 (Ms Pansy / Ms Suyi) 16:00-17:25 Ballet 1-2 (Ms Pansy) 17:30-18:55 Pointe & Variation 1 (Ms Pansy) 17:30-18:55 Ballet Pointe Introduction (Ms Karen) 19:00-20:25 Ballet Introduction (Ms Karen)	Jul 4, 11, 18, 25 Aug 1, 8, 15, 22, 29 Sep 5, 12, 19, 26	13 Lessons
Sun	13:30-14:55 Ballet 1-2 (Ms Alliah)	Jul 5, 12, 19, 26 Aug 2, 9, 16, 23, 30 Sep 6, 13, 20, 27	13 Lessons

新生試堂優惠 New Students Promotion

新生於第一堂以優惠價報名試堂，
試堂後可以優惠價續報全期課程。

New students will enjoy discounted price to register the first lesson. After trial class, new students can continue to enjoy discounted price for registering full course.

付款方式 We Accept

FPS: 9833-4315 (A-Ballet Academy Limited)

Bank Transfer: HSBC 841-587173-838 (A-Ballet Academy Limited)



(附交易平台費 Service Charge 1.5% / 2.5%)

立即報名 Register Now



1. WhatsApp 98334315 報名
 2. 經 FPS或銀行轉賬，並經 WhatsApp 發送付款記錄以完成報名
 3. 支付寶、微信、Visa & Mastercard 網上付款，可與我們聯絡獲支付連結
 4. 經八達通或其他信用卡等方式付款只供現場付款
1. WhatsApp 98334315 to register
 2. Settle payment through FPS / Bank transfer, and send payment record to 98334315, to finish registration
 3. For AliPay, WeChat Pay, Visa and Mastercard online settlement, please WhatsApp us for payment link.
 4. Octopus and other payment methods are only available for on-site payment



3個上課方式:

\$1,000 或以上免信用卡手續費

🌟 全期課程 Full Course (3個月) | 🌟 靈活套票 Coupon Package | 🌟 單堂 Single Class

全期課程 Full Course (3個月)

Full-Time Students Discount: 15% Off

Stretching / PBT (70mins): \$200/class

Dance Class (85mins): \$230/class

Master Class (85mins): \$260/class

2 hrs Dance Class: \$290/class

- 無限額補課
- 延伸上一期 (4至6月) 未用之補課限額至新一期 (7至9月)
- 參加 2 個或以上的全期課程, 可以優惠價參加額外課堂
- 如未能在這一期完成補課, 只要下一期繼續報讀全期課程, 將可延伸補課至下一期
- 可於總校及分校安排補堂
- Unlimited makeup class quota
- Extend your last term (Apr to Jun) unused makeup class quota to new term (Jul to Sep)
- Students joining 2 or more courses will enjoy discounted price to join extra class
- If you cannot complete the make-up classes during this period, you may extend make-up quota to the next period by registering full course.
- Available to arrange makeup classes at San Po Kong Headquarters and Fortress Hill studio.

靈活套票 Coupon Package

Full-Time Students Discount: 15% Off

15 Credits: \$1,375 | 30 Credits: \$2,550 | 45 Credits: \$3,450

Stretching / PBT (70mins): 2.5 Credits

Dance Class (85mins): 3 Credits

Master Class (85mins): 3.5 Credits

2 hrs Dance Class: 4 Credits

- 可參加所有的公開課, 所有課堂需最少於一天前以 WhatsApp 報名。
- 每班有最少 2 個靈活套票的名額, 名額有限, 請預先報名留位。
- 靈活套票有效期為三個月。
- 若三個月內無法使用所有靈活套票, 可購買下一套的套票, 以延長上一套的credits有效期多三個月。
- 若套票剩下不足一堂課的 Credit, 當購買下一套的套票時, 可把剩下的 Credit 帶到下一套的套票。
- 若學生報名後未能出席課堂, 請於課堂最少一小時前請假。若沒有請假, 將會扣除課堂 Credit。
- 套票可於新蒲崗總校及炮台山分校使用。
- 靈活套票新價格將由2026年6月29日起生效。
- Students can enroll all open classes, please WhatsApp us at least one day before the class.
- Each class has at least 2 quotas for coupon package students. Please reserve in advance.
- Coupon package is valid for 3 months from the first class.
- Purchase another coupon package to extend the unused credits for another 3 months.
- If you don't have enough credits for a class and you purchase a new package, your unused credits can be carried forward to your new package.
- If the student is unable to attend the class after registration, please take leave at least 1hr before the class. If you haven't taken leave, the credit will be deducted.
- The package is valid for use at both our San Po Kong Headquarters and Fortress Hill Studio.
- The new pricing for the Coupon Package will take effect from 29 June 2026.

單堂 Single Class

Full-Time Students Discount: 5% Off

Stretching / PBT (70mins): \$250/class

Dance Class (85mins): \$290/class

Master Class (85mins): \$320/class

2 hrs Dance Class: \$350/class

- 可參加所有的公開課
- 所有課堂需最少於一天前以 WhatsApp 報名。
- 可靈活安排課堂。
- Students can enroll all open classes
- Please WhatsApp us at least one day before the class.
- Flexible to arrange classes.

全日制學生優惠需要提供有效的全日制學生證

Full-time student offer is required to provide valid full-time student card

全日制學生優惠不可與其他優惠或折扣同時使用。

Full-time student offer cannot be used in conjunction with other promotion offers or discount.

